



# Welburn Hall Weekly

Friday 9 January 2026

Hello and welcome to our weekly Newsletter.....



### School dinner arrears

We are still in arrears for school meals.  
 • Can parents please clear all dept.  
 • School lunches must be paid in advance. Automatic top-up, for as little as £5, can be set up on Parent Pay.

Thank you for your understanding

### Food Tech Contributions

**There are new Food Tech payments of £6 on ParentPay, only for those learners who are doing Food Tech this half term.**

**Please look on your ParentPay for this; it's £1 per week for these life skills lessons. Thank you**



Parent Pay activation letters have been sent home in book bags.

If you haven't already done so, can we please request that you log in and activate your account. Even if your child has free school meals we still need parents to have their own Parent Pay account.

Your help is greatly appreciated. Thank you.

Lunch Wk 2	Main option 1	Vegetarian option 2	Options 3 or 4	Pudding
<b>Mon</b>	Pepperoni pizza 	Cheese & tomato pizza V 	Option 3 Jacket potato & beans VG	Chocolate Crunch V 
<b>Tues</b>	Pasta Bolognese 	Shepherdess pie VG 	Meatball sub with wedges Or Cheese sandwich V	Iced summer shortcake V 
<b>Weds</b>	Chicken & tomato bake 	Potato topped summer veg V 	Cheesy bean jacket potato V Or Tuna sandwich	Apple sponge & custard V 
<b>Thurs</b>	All day breakfast 	Veg all day breakfast V 	Cheese jacket potato V Or Ham sandwich	Jelly & ice-cream V 
<b>Fri</b>	Battered fish & chips 	Sausage roll VG 	Option 3 Jacket potato & beans VG	Custard cookie VG 

We are a nut aware school

V – Vegetarian VG – Vegan. Jan 2025



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# Heads-up!

Dear Parents and Carers,

Happy New Year!

I wanted to start this year by welcoming our new learners to the school. We hope you will be very happy at Welburn and look forward to getting to know you.

This is always a very busy term and we have already started with rehearsals for our annual performance of Welburn's Got Talent at the Helmsley Arts Centre. Last year was a fantastic display of performance skills from our learners and this year will be no different, I am sure. Tickets always sell quickly and we will let you know when they are available.

As part of our college programme, we are always looking for suitable work experience placements for our college learners. If you have any opportunities or know of businesses locally who would be able to offer this, please get in touch. Preparing for the world of work is such an important part of what we do and having the ability to try our different types of workplace learning, developing transferable skills and social skills is of huge benefit. Thank you to all those who have offered placements previously.

We are still looking for a parent governor to join our Governing Board. Time is precious but if you do have some to spare and would like to know more, please do let us know. For further information, you can look at the school website and arrange an informal chat about the role with one of our existing governors.

I look forward to working with you all this term.

*Alison*



Fun and games continue for the first week back in Pre-Formal. Chocolate muffins were delicious!



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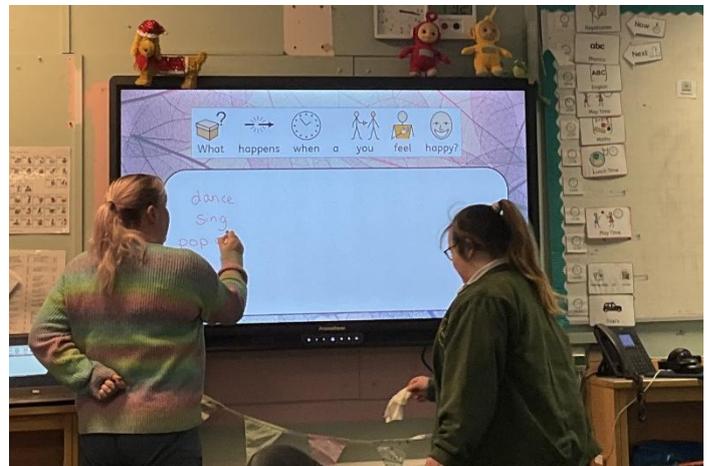


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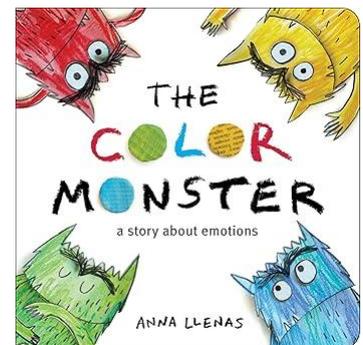
Ellie Marr's class enjoyed a festive Christmas shopping trip to Monks Cross, where learners put their independent living skills into practice. Pupils worked on budgeting, handling money, and paying for items by themselves, while also thinking carefully about choosing the perfect gift for others.

The trip was a great opportunity to build confidence, decision-making skills, and social interaction – all while enjoying quality time with classmates and getting into the Christmas spirit. When they returned to school the students also enjoyed wrapping up their gifts!



Emma's class have been thinking about their emotions and how it makes their body feel.

The class read the book 'The colour Monster' and then looked at specific emotions and what they do to our body.



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North Yorkshire Safeguarding Children Partnership (NYSCP) aims to ensure all children in North Yorkshire are safe, happy, healthy and achieving.



If you are worried about a child – this is the duty number: 0300 131 2 131 Or see their website here:

<https://www.safeguardingchildren.co.uk/about-us/worried-about-a-child/>

## THE DANGERS OF FROZEN WATER

Every year children are at risk when they are tempted to play on the ice formed on open waters and adults find themselves at risk as they attempt to save them. Over 50 % of ice related drowning involved an attempted rescue of another person or a dog.

Areas with frozen waters can be beautiful to look at but they are also extremely dangerous. Here are some useful tips to help you enjoy these areas safely.

### TOP TIPS TO STAY SAFE

#### NEVER GO ON THE ICE UNDER ANY CIRCUMSTANCES

This includes attempting to rescue another person or animal who may have fallen through the ice.

#### ONLY USE WELL LIT AREAS

Try to take walks in the daylight but if you must walk in the evening, only use well lit areas and avoid anywhere with water.

#### KEEP AWAY FROM THE EDGE OF THE WATER

Never go close to the edge or lean over to touch the ice. You may overbalance or trip and fall in.

#### ALWAYS WALK WITH AN ADULT OR A GROUP OF FRIENDS

Look out for each other and if someone does fall through the ice there will be others around to raise the alarm and get help

### WHAT TO DO IF YOU FALL THROUGH THE ICE

Keep calm and shout 'help'

Spread your arms across the surface of the ice in front of you

Try to kick your legs and pull yourself out of the water and on to the ice

Lie flat, spreading your weight across the surface and pull yourself to the bank. you may find it easier to roll.

If you cannot climb out, wait for help and keep as still as possible. Keep your head above the water, press your arms by your side and keep your legs together

Once you are safe, it is important that you go to hospital immediately for a check up



### WHAT TO DO IF YOU SEE SOMEONE FALL THROUGH THE ICE

Shout for '**HELP**' and dial **999** or **112** if you can

**DO NOT** walk on to the ice to attempt a rescue

Shout to the person to '**KEEP STILL**' and offer reassurance.

If they are close enough, **LIE DOWN TO AVOID OVERBALANCING** and falling onto the ice, and try to reach them with a tree branch clothing tied together or anything else which can extend your reach.

If you cannot reach them, **SLIDE SOMETHING** which floats across the ice, such as a plastic bottle or a football, so that they can hold on to it to stay afloat whilst help is on the way.

If they are too far away, **WAIT FOR THE EMERGENCY SERVICES** and reassure the casualty from the safety of the bank.